

REGULAMENT MINI-RUGBY

JUCATORI SUB 10 ANI

Principiu de baza – COOPERARE

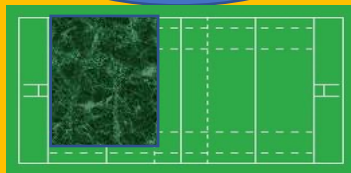
Numar de jucatori
8 vs 8



Schimbari nelimitate



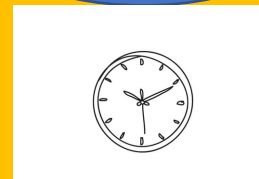
Dimensiuni teren
50/40 m.



Balon
3



Timp de joc
2 x 7 min.



Incercare
Dupa minim
3 pase



Percutie
PB nu intra intentionat in cotact



PLACAJ
De la talie in jos



Squezeball
Nu este permis



Tampon
Nu este permis



Lovitura de picior
Interzis



Lov. de incepere
Adv la 5 m



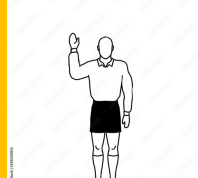
Ruck
Nu mai mult de 3



Mol
Nu mai mult de 3



Lovitura libera
Adv la 5 m



Gramada
Nu este permis



Margine
Nu este permisa



Eliberare balon
Imediat

