

REGULAMENT MINI-RUGBY

JUCATORI SUB 12 ANI

Principiu de baza – AVANSARE

Numar de jucatori
12 vs 12



Schimbari nelimitate



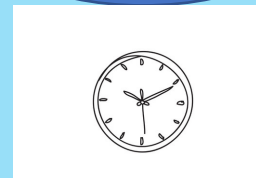
Dimensiuni teren
56/45 m.



Balon
4



Timp de joc
2 x 10 min.



Incercare
Dupa minim
5 pase



Percutie
PB nu intra intentionat in cotact



PLACAJ
De la talie in jos



Squezeball
Nu este permis



Tampon
De la umeri in jos



Lovitura de picior
Rol tactic



Lov. de incepere
Adv la 5 m



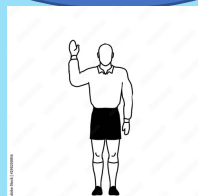
Ruck
Nu mai mult de 4



Mol
Nu mai mult de 4



Lovitura libera
Adv la 5 m



Gramada
5 jucatori – 3 linia a I-a si 2 in linia a II-a



Margine
Nu este permisa



Eliberare balon
Imediat

